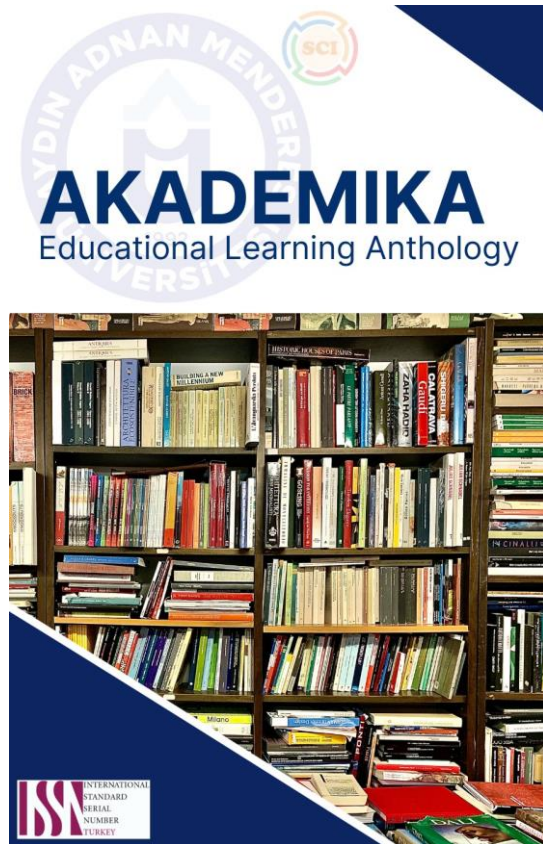


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AKADEMIKA: EDUCATIONAL LEARNING ANTHOLOGY

Volume: 1

Issue: 1

Pages: 53-53

Document ID: 2024AELA0011

DOI: 10.5281/zenodo.10905967

Manuscript Accepted: March 2024

Lived Experiences of Adolescent Orphans: A Basis for Intervention Plan

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Abstract

This study investigated the lived experiences of adolescent orphans, providing insights into the personal experiences, challenges encountered, and support services they received as a vulnerable and often underserved population—the research aimed to offer a broad understanding of the complex dimensions of their lives. Through in-depth interviews and qualitative analysis, the study showed the complex emotional, social, and educational environment in which adolescent orphans navigated. It highlighted their coping mechanisms, resilience, and goals, as well as the difficulties they faced in accessing necessary resources and services. The research also examined the roles of different support systems, including house parents, social workers, and teachers, in influencing the adolescents' experiences. The findings of this study served as the foundation for developing a tailored intervention plan that aimed to address the specific needs and promote the well-being of adolescent orphans. This intervention plan encompassed strategies to improve emotional resilience, academic success, and life skills development. Moreover, it emphasized the significance of tailored support systems that acknowledged the unique situations and aspirations of each orphan. By bridging the gap between research and practice, this study contributed to a more comprehensive understanding of adolescent orphans and laid the groundwork for a well-rounded and evidence-based intervention plan that could empower them to overcome the challenges they faced and build a more promising future.

Keywords: *lived experiences, adolescent orphans, support systems*

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