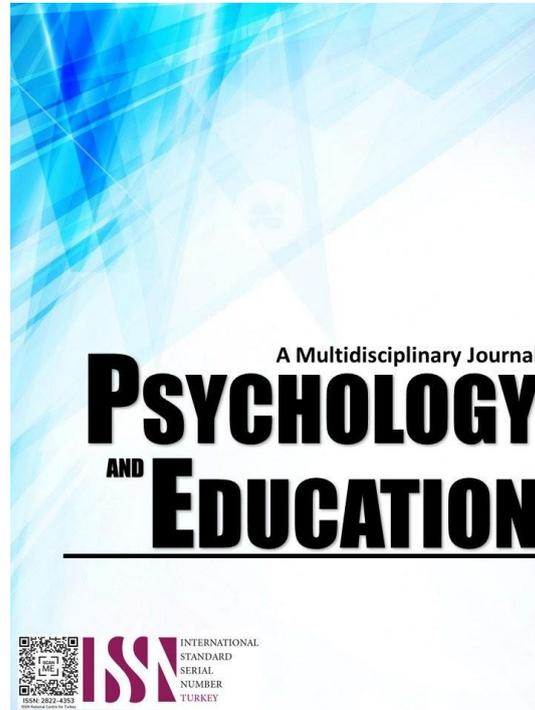


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IMPLEMENTATION AS A  
LEARNING STRATEGY**



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## Intractable English Language Implementation as a Learning Strategy

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### Abstract

English is not a second language that is frequently used in the Philippines; rather, it is a language that is expected. In fact, it is uncommon to encounter someone in the Philippines who speaks English as a second language. The Illana Bay Integrated Computer College Incorporated of Parang Maguindanao's second-year Filipino student encountered a variety of challenges when trying to use English as a learning strategy. This study attempts to discuss the intractability of using the English language as a learning approach with Filipino students from the study's designated location. The majority of the responders are generally unaware of the burden they have endured, but they have learned to use the language as a tool to adapt and survive as issues arise. Filipino students are regarded as being competitive enough to speak English despite the challenges. This study demonstrates how using the implementation helps them learn even while they struggle. This suggests that English will be able to become more widely used through implementation. However, this doesn't change the fact that students will have trouble in real-world situations.

**Keywords:** *english language, implementation, learning strategies, lived experiences, difficulties, coping strategies or mechanisms*

### Introduction

English is the most widely used language in the world today, its significance cannot be ignored or overlooked. It takes perseverance and consistent practice to learn English. The majority of student's study English with exams in mind; they are unable to generate even a single sentence free of grammatical errors. Additionally, students do not receive enough practice in order to acquire a language. If someone wishes to advance in their career, they must be literate in English. It is the principal window of the contemporary era. This is made worse by the fact that most students learn English with exams in mind, which prevents them from producing just one sentence free of grammatical errors. Additionally, students do not receive adequate instruction in order to acquire a language. If someone wishes to advance in their career, they must be literate in English. Through this huge window of reality, sophisticated nations have widened their doors to hiring technically skilled people. Where the developed nations have thrown open their arms to hiring technically skilled people, only those who are fluent in English are eligible. The only people awarded jobs are those who are fluent in English. The majority of student's study English with exams in mind; they are unable to generate even a single sentence free of grammatical errors. Additionally, students do not receive enough practice in order to acquire a language. If someone wishes to advance in their career, they must be literate in English. It is the principal window of the

contemporary era. This is made worse by the fact that most students learn English with exams in mind, which prevents them from producing just one sentence free of grammatical errors. (Nishanth, 2018).

It could be very difficult to teach English as a foreign language in Malaysia. With English teachers encounter many obstacles as a result of the numerous English language reforms that have been implemented. in terms of the curriculum, the guidelines, and the tests. However, there are issues with teaching the English language itself that English teachers must also deal with. For effective English instruction, it is necessary to master discourse competence in English Hui-Tze Su and Ying-Leh Lin (2020).

Students are shy, dread criticism, and worry about making mistakes. Many students experience shyness on an emotional level when they are asked to speak in English class. This suggests that students' learning activities in the classroom, particularly in the speaking class, may be hampered by shyness. In order to support the students in giving their best speaking performances in class, it is crucial to pay attention to this aspect (Gebhard, 2000). The concept is further supported by the study's findings, which show that the majority of students fall short in their speaking performances. They claim that their feelings of shyness played a significant role in their inability to demonstrate their speaking abilities. In other words, it may be said that students' speaking performances are significantly impacted by their level of shyness. (Baldwin, 2011).



Rababa'h (2005) noted, there are numerous more issues that make it difficult for EFL students to speak English. Some of these elements had to do with the students themselves, the curriculum, the atmosphere, and the methods of instruction. For instance, many students are unable to continue a conversation because they lack the vocabulary needed to communicate their meaning. Another reason for not being able to maintain the relationship is a lack of strategy and communication ability. Some students lack the desire to speak English. They do not perceive a genuine necessity to speak or study English. In reality, a learner's motivation is the primary factor that determines whether he engages in a task at all, how much effort he puts into it, and how long he persists (Littlewood, 1984). This issue is exacerbated by ineffective teaching methods that do not prioritize speaking, which prevents the development of this talent. Furthermore, our curriculum does not use listening resources or vocabulary lessons delivered in isolation. According to (Rababa'ah, 2005), teacher-training programs have had limited success in altering instructors' pedagogical practices.

According to (Chen, 2010), pupils' poor English-speaking skills are the key reason for their lack of confidence. As they continue, a lot of students feel as though they are unable to speak English well, considering that their English is poor. The absence of motivation from the teacher is the other factor contributing to students' lack of self-assurance (Brown, 2001). Numerous teachers do not view it as crucial in this situation to have learners demonstrate their proficiency in English. Despite the fact that the term "intractable" is still debatable, it seems to describe an increasing number of the issues our communities and nations seem to be involved in today. We stand by the statement that "intractable does not mean unsolvable," but rather that it simply means that the problem will be extremely challenging to solve. (Burgess, 2017),

(Nishanthi, 2018), argues that because English is the most widely spoken language in the world, its significance cannot be downplayed or neglected in the modern era. However, learning English demands perseverance because many students believe that they will never be able to speak it fluently or with a high level of proficiency.

According to Sapir, language is a wholly human and non-instinctive way of exchanging thoughts, feelings, and wants via a system of consciously generated sounds. According to Sapir's definition, language is primarily a system of sounds created by humans for communication. Sapir emphasizes that only humans

are primarily concerned with language. The high demand for enrollment in English-medium institutions across the nation is evidence of the appeal of English to Indians. Many of the politicians who criticize English send their own kids to schools where the language is taught. English is frequently used as the primary or secondary language of instruction in schools around the nation.

The difficulties educators in my environment experience extend beyond the classroom. The learners' limited access to language exercise in the classroom is at the heart of these issues. The daily 35-minute English lesson is the only opportunity for learners in upper primary to use the English language (KIE, 2002). Additionally, because they are switching from one language to another, these students are not given many opportunities to use the English language in class when learning other subjects. Given that the acquisition of languages requires a lot of time spent in them, as claimed by Cummins (2006), an educator of English is left with the sole responsibility of helping students learn the language. Abdi and Hardman (2007).

Teachers of other subjects frequently switch the language of instruction from English to their respective language or mother tongue, either due to the fact that they are weak in the English language or in order to ensure that the students understand the subject matter. There is an indication of the inherent coercive power relations that are negative and domineering. Teachers and parents agree that the school holds all authority (Ngwaru, 2010). For instance, in the classroom, power is demonstrated by the seating arrangement, in which every student faces the teacher who stands at the front, as well as by the teacher's appearance, voice pitch, and selective attention to some students while ignoring others, all of which interfere with successful learning. Verbal criticism of students lowers their confidence and sense of self-worth, making them feel bad about themselves since they lose the self-confidence to try out new things. It is also important to keep in mind that students are extremely reactive to their image. (Glasson, 2009).

Over the past few decades, English has been the predominant language used globally for academic communication. Due to this, it is now common practice for academic courses to be taught in non-English-speaking nations using English as a method of instruction, also known as EMI. This is especially true in the field of medical schooling, where the vast bulk of documented medical science research and expert information is written in English. As a result of the

internationalization of healthcare delivery, medical education has become a truly global activity, requiring growing international collaboration amongst medical institutions. The efficiency of such medical programs and the difficulties in putting them into practice, however, are not well studied.

Aristotle claims that speech is a reflection of mental experience. According to Aristotle, language is the speaking quality that people use to verbalize their thoughts, feelings, wants, and ideas. As opposed to Saussure, who views language as a random system of signs made up of signifier and signified. According to Crystal and Robins (2020), who wrote this article, language serves a variety of purposes, including interaction, expressing aspects of identity, play, innovative thinking, and psychological relief. Language is a system of traditional verbal, manual, or written symbols that humans employ to convey themselves as people who belong to a community and are subjects in its culture. In general, language is a form of communication, this is how people communicate with one another. H.L. claims that without word, According to Smith. "without culture, man would have remained hominoid; with language and culture, however, he became hominine." Sarkar (2020). According to Global Subsidiary of ETs (2020) It is the language of scientific findings, air travel, computing, diplomacy, and vacations, most important among these is the language used in media, the World Wide Web, and global interaction. Your objectives will be easier to achieve if you recognize the value of English, whether for personal or professional development.

(Kurniawan, 2020) noted that there are numerous types of introduction to foreign languages from a one of which is English and has been around since a young age. touted to be both a global language and widely used language for numerous aims in contemporary life (Kusuma, 2018). the incorporation of English language instruction a requirement for kindergarten student's widespread usage in certain regions of Indonesia. Many schools have begun the requirements for English language proficiency pre-recruiting prospective instructors. This shows that there is a growing demand for English. English opens up opportunities for a variety of good things in life, from practical to educational benefits, such as expanding interaction at a broader level, expanding opportunities for employment in various fields, encouraging creative and critical thought, bringing opportunities for study, creating more intense primary language skills, and using a variety of information sources that are both practical and educational. offered broadly and internationally

(Abbas, 2018).

The inclusion of English in the Pedagogy in education is one method of creating to deliver a more accurate Pupils' perceptive academic expertise (Kurniawan, 2017). Studies have shown that learning a second language, like English, early on can help prepare future generations to be better educated and skilled. Foreigners are undoubtedly provided with a variety of engaging hobbies, such as playing so that they can be studied effectively through activities, contextual learning, and other means (Sinaga et al. 2017).

Filipino students might have issues speaking English for a variety of reasons. The fact that English is not the primary language could be one factor. They might not be exposed to English as frequently as they ought to be, which is another potential factor. In addition, it's possible that English language proficiency is not given much priority in the Filipino educational system. These variables collectively may make it challenging for Filipino students to develop their English language skills. This can make it challenging to interact with English speakers and to succeed in a setting where the language is spoken. Having said that, there are plenty of Filipino students who can speak English well. Usually, this comes from extra practice and effort beyond the classroom. Filipino students can overcome the difficulties of speaking the language by committing to learning it. Due to a lack of understanding of the English language's foundation, a lack of confidence, an inappropriate curriculum, and a lack of support for language study, many pupils have difficulty with the English language. When learning English, Southeast Asian students usually lack trust in themselves. Students who find it difficult to interact with their professors and peers in English may find it difficult to achieve in the classroom. Insufficient general knowledge, a lack of expressing practice, a fear of making mistakes, inadequate word usage and grammar practice, low motivation, low reading engagement, inactivity, shyness, reduced use of dictionaries, anxiousness, and a fear of criticism are the main causes of speaking difficulty. (Ryan, 2022).

According to (Cabigon, 2015), most of the people in the Philippines speak English at least somewhat fluently, making it one of the most English-speaking nations in the world. More than 14 million Filipinos speak English, which has traditionally been one of the nation's official languages. It serves as the major language of teaching in educational institutions and the language of trade and law. From primary to tertiary education levels, the language of instruction in the

Philippines is English. It is the second language of education and communication among Filipinos. As a result, there is a widespread belief that students in their tertiary years of schooling already have excellent and fluent English skills. The statistic, however, demonstrated that pupils struggled to express themselves, particularly when they reached the first stage of teaching. This is the environment in which the research on whether or not freshmen have fluent speech was conceptualized.

In the Philippines, students who are trying to study English often run into difficulties. Lack of time spent learning the language is one of the most prevalent issues. Many students only have the chance to use English in their daily lives when they are at school. They struggle to pick up the language and become fluent because of this. The scarcity of resources is another frequent issue. Many schools lack the resources necessary to offer adequate English instruction. Students may find it challenging to pick up the language and become fluent as a result. (Evangelista et al. 2019).

### Research Questions

This study aims to investigate the well-being of second-year Bachelor of Secondary Education students who are English majors by gaining an understanding of their lived experiences, difficulties, and coping strategies. This will enable them to participate in the use of English as a language as a learning strategy and to survive. In actuality, even if it may be challenging, it is not impossible to find a solution to the English language problem. Additionally, since English is an international language, the researchers are interested in the challenges respondents had when using it in school. In addition, being aware of the respondent's unresolvable experiences will enable researchers to demonstrate the relevance of certain learning strategies in the classroom. This research focuses on the adequacy of implementation and the difficulty of experiences that arise during practice and learning. The following questions were specifically addressed:

1. What personal experiences have second-year English-major Bachelor of Secondary Education students had?
2. What difficulties do Filipino students majoring in English confront in their second year of the Bachelor of Secondary Education program?
3. What coping strategies or mechanisms do Filipino students majoring in English in their second year of the Bachelor of Secondary Education have?

### Methodology

This research used Hermeneutic Phenomenology. Muhammad Hassan (2022) asserts that this type of phenomenology, which was pioneered by thinkers like Hans-Georg Gadamer and Paul Ricoeur, emphasizes the significance of interpretation and comprehension in human experience, particularly in relation to language and culture. Phenomenology's overall goal is to expand our understanding of human experience and to offer insights into the nature of consciousness, perception, and human life. The subjective parts of human life are seen from a particularly fresh angle by phenomenology, and its insights hold the potential to fundamentally alter how we perceive both our own selves and the world around us.

### Participants of the Study

A sample size should be large enough to adequately describe the phenomenon of interest and address the research issue at hand. The researchers chose two (2) participants as InterQ interns; Sakshi Shetty (2023), as cited, a large sample size runs the danger of including redundant data. Saturation should therefore essentially be the endpoint of qualitative research. Actually, saturation happens when including more people in the study does not result in gathering more viewpoints or data. Larger samples can be said to have a point of decreasing returns because they generate more data but not necessarily more knowledge. Additionally, a goal of qualitative research is to reduce the likelihood of discovery failure. Saturated data is useless because the purpose of qualitative research is to get a variety of viewpoints from a sample size about a client's product, service, or project. To be more precise, the analytical framework's code-generating mechanism can be used with just one respondent's opinion.

The participants were second-year Filipino students majoring in English for the Bachelor of Secondary Education. Adult participants who were proficient in speaking English both within and outside of the classroom made up the group. The Philippines was their country of residence. However, they do not speak English as a second language. In Parang, Maguindanao, Illana Bay Integrated Computer College Inc. was where they were chosen. The chosen participants ought to have a track record of extracurricular activity that is academically acceptable for students in grades senior to junior, in addition to solid academic performance. Criterion sampling has

been utilized to obtain better and more targeted results because the study must concentrate on a manageable number of participants with academic validation. Specifically, the chosen participants will be able to answer inquiries about the applicability of implementation and the difficulties that may arise when utilizing English language implementation as a learning strategy.

Additionally, according to Alicia Betz (2023), who cited this in an article from NPR, people who are bilingual are better at moving from one task to another, possibly because they have learned how to do so. For instance, it appears that their brains are programmed to be better at these kinds of executive function-related tasks, which are defined by Harvard as "the mental processes that enable us to plan, focus attention, remember instructions, and successfully juggle multiple tasks." Particularly, learning a second language typically makes learning your native tongue simpler.

Therefore, according to Isabelle Moura (2021), some studies call for a more generic profile, although this profile may be much more precise depending on the topic and objectives of the research. In either case, be careful to choose responses that entirely meet the demands of the profile. Not only to verify correctness but also that the client is aware of the purpose of their request for that profile. As a result, it is crucial that you are accessible to them at all times throughout the procedure. Specifically, express what is anticipated up front in a straightforward and professional manner.

Additionally, students with academic validation are chosen as respondents since these individuals typically take learning tactics more seriously. Which is advantageous for the validity of the outcomes that are required for this investigation. The responses that were chosen are those of those students who overcame hardships, obstacles, struggles, and other challenges in order to live and continue their education. They use the challenges that arise as practice for applying English language learning techniques. Despite their challenges, people can grow and learn.

Relationships in both the personal and professional spheres can deepen with effective communication. They can aid us in understanding the people and events that occur in our daily lives better. Particularly, improving our communication skills can aid us in making better decisions, preventing confrontations, and compromising less (Valène Jouany; Kristina Martic, 2023). As a result, English communication is a skill that can only be honed through consistent practice

and exposure to the language; therefore, it is important to fully utilize all of the resources available to create a supportive environment for language learning and practice (Riyaz Ahmed; Issue XV, 2016).

### **Instrument of the Study**

The researchers will be offering a structured and semi-structured interviewing approach that was specifically created to achieve the most genuine findings for comprehending living experiences, challenges, and coping strategies. This study focuses on the implementation's suitability and the challenges that come up during practice and learning. In-depth interview guide questions were used by the researchers to provide the best-fit questions based on the research challenge. The answers to the provided questions can be obtained with sufficient preparation. A semi-structured interview is a data collection strategy that focuses on asking questions within a predetermined framework. However, the questions are not specified in sequence or in phrasing. In research, semi-structured interviews are generally qualitative in nature (Tegan George, 2022).

### **Data Collection Process**

The interview guide would have nine (9) questions and take between 15 and 20 minutes, the researchers decided. After each question, the participants were asked to express any misunderstandings or worries. The interviewer was ready to provide clarification by posing various inquiries that were essentially the same. To make sense of the information obtained, an interview, a full transcription and an analysis were conducted. To remove any doubt about the contents of the data collection, the interview transcription includes each participant's exact verbatim responses.

The research problem contains three questions, and each question is equivalent of three (3) questions for the interview guide questions. Those questions will be able to generate factual responses in order to reveal the lived experiences, difficulties, and coping strategies. The semi-structured and structured interview guide was checked by the technical writing subject adviser. The in-depth interview will be conducted through a face-to-face interview or a virtual interview by video call through Messenger or Google Meet.

### **Ethical Considerations**

The researchers' goal is to locate and speak with reliable participants, who are second-year Filipino college students majoring in English and pursuing a

Bachelor of Secondary Education at Illana Bay Integrated Computer College Incorporated, in order to gather and evaluate factual data without abusing their rights or exploiting them. The researchers will take into account that the background information of the respondents should be safeguarded and protected at all costs in this study. They may participate in the process with confidence since it is vital for them to do so. Making sure they are aware of the research study problem and are eager to engage in answering the interview guide questions is important. This is in accordance with Republic Act No. 10173, an act protecting individual personal information in information and communications systems in the government and the private sector, creating for this purpose a national privacy commission, and for other purposes.

In its Policy Declaration, the Data Privacy Act of (2012) states that the state's policy is to uphold freedom of speech and the fundamental human right to privacy while also enabling the free flow of information to spur innovation and development.

### Data Analysis Procedures

Jonathan A. Smith, Paul Flower, and Michael Larkin (2021) describe interpretive phenomenological analysis (IPA) as a qualitative research methodology dedicated to examining how people make sense of their significant life experiences. The exploratory skill that researchers require to study and investigate their research investigations is really given an added advantage by the qualitative research approach. By using a qualitative approach, researchers can develop and apply their subjectivity and interpersonal skills to the exploratory phases of their research. However, in a study using an interpretive phenomenological analysis (IPA) technique, the benefits of the study triple since the approach enables the researchers to form strong bonds with their research participants. Additionally, as a qualitative research methodology, IPA offers researchers the best chance to comprehend the "lived experiences" of research participants' deepest considerations. The interpretative phenomenological analysis approach, which is "participant-oriented," gives interviewers (research participants) the freedom to express themselves and their "lived experience" stories however they see fit without being distorted or subjected to retaliation. In fact, applying the IPA technique to a qualitative research study confirms that its primary goal and essence are to examine the research participants' "lived experiences" and give them the opportunity to describe the research findings using their "lived experiences" (Abayomi Alase, 2017).

## Results and Discussion

Based on the collected data, the following themes emerge: (1) discipline, (2) engagement, and (3) the power of consistency. Likewise, the following subthemes were identified from the data gathering based on their perspectives: The coping mechanisms and solutions employed by Filipino second-year college students in the Bachelor of Secondary Education Department to resolve some issues are discussed.

### Doing English language

Which was written by Michael Swan and published by Mary Ann Liebert, Inc. Publishers in 2014. The book is likely a resource that explores the English language and provides information on how to improve language proficiency. "Using the language. I mean forcing ourselves to speak the language specifically English."

"Using the language"

### Identity, Language Learning, and Social Change

The article discusses the ways in which language learning impacts individual identity and social change. The second resource referenced is a book titled Language Acquisition and Language Learning which was written by Diane Larsen-Freeman and published by Wiley in 2012. This book is likely a more general resource that explores various theories and practices related to language acquisition and language learning.

"To get enjoy and force to speak the English language in spite of being not ready and confident to speak because of being not exposed to English language when we are in high school and of course because of the lacking of vocabulary."

### Learning Vocabulary in Another Language

Which was written by Paul Nation and published by Cambridge University Press in 2013. This resource focuses specifically on vocabulary acquisition in a second language, and provides strategies for learners to improve their vocabulary skills.

"I am trying to train myself to speak English in class. Sometimes, when I do my reporting, I use "conyo" or a combination of Filipino and English."

## Code switching

In the context of language learning and classroom communication, the use of code-switching and bilingualism has been observed among students. According to research conducted by Sharma and Sridhar (2019), code-switching, or the alternation between two or more languages, is a common phenomenon in bilingual communities. In educational settings, code-switching often serves various purposes, such as conveying emotions, expressing identity, or facilitating understanding among peers (Auer, 1998; Canagarajah, 2004). This aligns with the first statement made by the individual, who mentioned using “conyo,” a combination of Filipino and English, during their reporting. Such linguistic behavior can be seen as a way to navigate their language learning journey and bridge the gap between their native language and the target language, English.

“I apply some question and answer portion when I do my reporting to ensure that my classmates can use their voices as well. For this reason, I can assure also that they are listening on me.”

## Interactive Q&A

Interactive Q&A sessions provide opportunities for students to actively engage in the learning process by formulating questions, critically thinking about the topic, and responding to their peers’ inquiries. This participatory approach fosters a student-centered learning environment, empowering students to use their voices and contribute to the discussion (Bonwell & Eison, 1991). By applying a Q&A portion during their reporting, the individual ensures that their classmates can actively participate and utilize their voices, promoting a more interactive and inclusive classroom experience.

“Students in my school are still in their shells, and they are scared to explore the language that we need to learn, so do I. But by observing the actions and reactions of other students on some occasions, we can unfold and understand the difficulties.”

## Anxiety and fear of exploring language

The phenomenon of language anxiety and fear of exploring a new language among students has been widely studied in the field of second language acquisition. Research conducted by Horwitz, Horwitz, and Cope (1986) and Young (1991) highlights the existence of language anxiety and its impact on language learning and classroom participation.

Language anxiety refers to the fear, self-consciousness, and discomfort experienced by individuals when using a foreign language.

## Grammaring

According to the data or response, the challenges in language competence have an impact on Filipino student's. In taking English as a major in secondary school, expressing or sharing ideas in excellent manners is difficult because of the insufficient ideas in applying grammar. "It serves as a hindrance to me in explaining my ideas". According to Crystal (2004), the structural basis for our capacity for self-expression is grammar. The more we understand how language functions, the more we can keep an eye on the effectiveness and meaning of the language we and others use. It can promote accuracy, identify ambiguity, and make use of the wealth of expression that English has to offer.

“Apply the rules of grammar when are speaking specially Expressing our ideas. It's really hard for for me to explain my ideas when I'm trying to apply the grammar. It will serve as hindrance to me of explaining my ideas. -Well it will affect our performance.”

“Because of some challenges, there are instances that you cannot share the idea that you have in an excellent manner.”

## Insufficient Vocabulary

According to the data or response, the main challenge encountered is the lack of vocabulary. Respondent 1 said, "It really affects our academic development because we can't easily understand the topic." And according to the respondents, lack of vocabulary is the reason that we become stiff when we do oral. For language learners, vocabulary is one of the knowledge domains that is crucial to language acquisition (Cameron, 2001). A crucial aspect of human communication is vocabulary. Language is important for oral and written communication in every language. According to a study on learning languages, having sufficient vocabulary will help you express your ideas and communicate effectively with others. Knowing a large number of vocabulary words by heart can improve speakers' ability to interact with others (Oljira, 2015).

“Mostly, the main challenges encountered is the grammatical error and lacking of vocabulary. It really affect our academic development. Because we can't easily understand the topic.”

“The lack of vocabulary in the aforementioned language is the biggest problem that English students have experienced because some of us are not well trained in using it. For this reason, we tend to become stiff when we do oral.”

### Writing research

According to the data, the particular academic prerequisite that presents the biggest difficulties for English majors is language research. It is due to struggles with academic writing and problems with expressing ideas because of a lack of vocabulary. Schwarz and Terrill (2000) note that due to poor proficiency with the language of choice, academic language skills are a challenge. Unsuccessful learning might result from inefficient learning habits. Native language assistance during the study Issues with the teacher's instruction methods being incompatible with the preferences of the students. Problems with pronunciation and academic writing are some of the difficulties encountered by the students in writing research. (Nuraeni, 2019). It is shown in these results that a lack of vocabulary will hinder learning language, whether in writing or speaking, because you can't properly say what you want to say, and sometimes you can't understand the study

“Honestly, the research. I think, this is the most hardest part of our college since we need to defend what is written on our paper. The most difficult thing is that I don't have enough vocabulary and I can't explain my ideas well.”

“I don't think that there is, but for some students, language research provides the biggest difficulty, nahihirapan ako sa tamang pag sulat upang maipahiwatig ng tama ang aking sasabihin at sa defense kinakabahan ako dahil Minsan hindi ko ma idetalye ng maayos ang nais kong sabihin.”

### The Power of Consistency

Harvey Mackay allegedly claimed, as quoted in BOOMBOOM (2023), "If you are persistent, you will get it. This adage is true for some of the best leaders and athletes in the world. If you remain consistent, you will keep it. The individuals who have truly had an impact and left their imprint are not often the most gifted or brilliant; rather, they are the most dependable.

Consistency is crucial to accomplishing goals. In the end, consistency in action, especially when lacking motivation, is what distinguishes successful people from failed ones. In particular, for long-term goals, consistency is more crucial than motivation.

Additionally, the explanation is straightforward: consistency creates momentum. The easier anything gets, the more regularly you do it and the more momentum you develop. Over time, something that was once difficult turns into a habit, and habits are challenging to quit. Consistency is crucial to bringing about long-lasting change, which is why it is so important. So, if you're trying to accomplish a goal, keep in mind to be constant (no matter what), and you'll eventually get there (Becky Rothwell, 2022). Consistency has a strong and underappreciated impact. It may enable you to overcome a lack of innate skill and shift your attention from the goal to the process. If you can develop a habit, you can access a superpower that is far more potent than the habit itself: the conviction that you are fully capable of altering your behavior (Srinivas Rao, 2017).

### The Involvement of Technology Intervention

In a Gallup study titled "Education Technology Use in Schools," nearly 65% of respondents claimed to regularly use digital teaching aids. Given how quickly technology is advancing in education around the world, it cannot be ignored. Technology is changing how organizations and corporations function across many industries. Technology has shown itself to be advantageous and transformative, particularly in educational contexts. Technology is transforming the field of education, from online institutions to digital diploma programs and hybrid setups (University of the People, 2023).

The learning process for students must include class engagement. It is true that when students participate in class discussions, they develop the ability to communicate their thoughts clearly to others. As of now, it has been seen that when people ask questions, they learn how to gather information in order to better comprehend a subject on their own (Farah Najam, 2021).

“I don't stop reading. Sometimes, I practice my English speaking skills while using social media, especially in tiktok, where there are a lot of tiktokers who have tried to extend their help in teaching non English Speakers to learn the language.”

“Being participative. You should be participative. Kung kaya naman wala naman masama mag explore, discover or practice any fields kasi beneficial yun sayo. Magbasa ka araw araw hindi lang dapat pag needed. Gawin mo yun part ng routine mo. Speak English, don't mind grammar na oag mali kana ay hindi kana mag sasalita. Be participative. Mag

participate ka, notice your mistake then correct. Be confident while participating. Pag ganun kasi you are also cheering yourself, hindi lang basta grades yun, yung mismong ikaw yung masaya. Learning is a process, then how can you process kung hindi ka participative? And while participating be confident.”

The data and replies show that participant 1's response focuses on the idea of consistently engaging with the English language to enhance speaking abilities through continuous reading. Participants 1 also mentioned that using tiktok (technology participation) can be used as a teaching tool and a cure in contemporary society. Answers from participant 2 emphasize participation. The identical responses from participants 1 and 2 were likewise noticed by the participants. Particularly, participation is contingent upon consistency. You will be able to use the power of consistency through involvement.

### **I was born talkative**

A skill is something you can get better at with practice, and communication is a goal-directed activity. Thus, even if we may have a predisposition to be good or lousy communicators from birth, we may still develop our skills. Some individuals may now have a better inherent temperament and find life easier. Because of their innately higher ability level, they require less practice. However, as Bruce Lambert (2002) points out, "communication is a skill that can be learned."

“I can't recall if I did applying any methods to find social connections. But, I was born talkative. Thus, it becomes easier for me to find people who share the same interests with me.”

As shown, participant 1 believes that his talkativeness gives him an advantage over others in terms of communication abilities. In addition, participant 1 claimed that being chatty makes it simpler for them to discover others who share their interest in being "talkative."

### **I build my confidence from a scratch**

Gale McCreary (2023) claims that conversing with being self-assured is a crucial life skill. Speaking up for yourself and your values in conversation with others will help you get what you want and need. Having self-assurance when speaking and writing can improve your life, whether you're attempting to convince your friends to eat at the restaurant of your choosing or drafting an email to your supervisor requesting a raise. Positivity encourages people to listen to (and, ideally, be persuaded by) you and your

views.

“As a Filipino student it is hard for me to take this course because English is not even my second language. The method that I know that is useful as a future educator in the future as a major in English student is build your confidence from a scratch. Bilang Filipino, mahirap naman talaga ang English pero kung iisipin pinili mo yung course na iyon (BSED-ENGLISH), dapat lang na pilitin mo yung language. After all, English is our international language. Magagamit mo siya kahit saan, it is functional. For you to be able to survive is have a confidence. Fake it till you make it. Accept judgement, correction and so on. Used that as a way to cheer yourself. Sa course na ito, paka palan ng mukha (pointing confidence). Sa unang araw ng pag enroll mo, parang puro oral recitation ang lahat. The method is practice consistently and match it with confidence. Lahat ng method magiging useless kung wala kang confidence. The best method is to stay consistent, committed, and match it with confidence”

As shown, participant 2 focuses his response on the idea of building your own confidence from scratch. The participants pointed out that, as Filipinos, English is not their second language, which is why they experience difficulties in terms of employing the English language as a learning strategy. The participant said that you've decided to pursue a Bachelor of Secondary Education, which means you are expected to speak that language. After all, English is an international language. As a college student, oral recitation is part of my normal routine. The participant suggested that "the method is to practice consistently and match it with confidence" and that the best method is to stay consistent, committed, and match it with confidence. All methods will be applicable, but they will be useless unless there is confidence.

### **Success in failure**

The ability to try again and again is the one factor that can turn failure into success. After losses, especially when your goal is within reach, determination and focus frequently grow. It can take a few tries, or you might succeed on your second try (Indeed Editorial Team, 2023). Despite how much we fear it, failure is intriguing and a necessary part of our lives. It's one of the most crucial elements for success in life and personal improvement (Salman Masood, 2022).

“Be optimistic, when you fail, the you did, but it doesn't mean that it's the end of everything.”

“To put in mind that failure is part of success and

believing that we human made mistake. For instance, it is normal that while you are speaking some people will laugh while your speaking in front or alam mo yun, tuma-tawa sila kasi ginagamit mo yung English even walang klase. They may say na "feeling mo naman" and so on. Wag mo yun isipin kahit alam mong it affects you. Kasi hindi naman pag ka labas mo sa mundo nasayo na yung idea na "fluent" walang ganun. It takes time to be good on a specific field. Day by day, kung willing ka naman talaga you will be able to learn. Process naman kasi yung learning, wala naman kasing agad agad. Baka sa iba meron pero for me wala. I guess slow process yung madalas pero genuine. Alam mo yun, cover to cover sigurado pero matagal nga lang."

As shown, the answers to the questions are identical for participants 1 and 2. In order to succeed and learn, one must experience failure. Participant 2 stated that using English even when there is no class causes some people to chuckle while you speak, even if you are aware of it. This is normal. They might use phrases like "you feel it" and similar ones. Even if you are aware that it will harm you, try not to think about it. Because there is no such thing as being "fluent," you do not enter the world with the notion that you are already "fluent." Being skilled in a certain field takes time. If you are truly motivated, you will be able to learn new things every day. Nothing happens instantly; learning is a process. There may be for some people, but not for me. I suppose the process is usually gradual but sincere. You are aware of this fact from beginning to end, but it still takes time.

## Conclusion

The conclusions drawn from the summary of findings are as follows: (1) Filipino second-year college students from Illana Bay Integrated Computer College Incorporated have experienced difficulties, but due to discipline, they are able to face the challenges and learn the implementation of the English language as a learning strategy to adopt. Through practicum, they are able to apply the lessons they have learned. Communication through practice, according to the participants, is just like discipline, which has been practiced in face-to-face communication. (2) Filipino second-year college students from Illana Bay Integrated Computer College Incorporated experienced difficulties in terms of (1) applying grammar rules; the participants were not able to speak because they were afraid to apply the grammar incorrectly; and (2) insufficient vocabulary. Due to grammar rules, the participants were not able to communicate because of

a lack of vocabulary and because they were not able to understand the topic because of the English language. (3) Filipino second year college student from Illana Bay Integrated Computer College Incorporated coping strategies or mechanisms is the power of consistency are; the involvement of technology intervention, build your confidence from a scratch, success in failure. The chosen participants coped with the idea of having a consistent practice of using English as a language as an implementation strategy as a learning strategy, developing confidence as a coping strategy, and finding success in failure. As long as there is hope and confidence, there is success in failure.

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